

SOCIAL ACTION IN STRENGTHENING RELIGIOUS CHARACTER IN OVERCOMING BULLYING BEHAVIOR AMONG STUDENTS IN ELEMENTARY SCHOOL.

Ali Nasith

State Islamic University Maulana Malik Ibrahim Malang, Indonesia.

alinasith007@gmail.com

ABSTRACT

Bullying is an act of violence or harassment that is carried out intentionally or unintentionally by a person or group on someone continuously which results in trauma to that person. The forms of bullying behavior include physical bullying, verbal bullying, relational bullying, cyberbullying. Bullying can occur anywhere, especially in the school environment, bullying itself can occur because of oppression and coercion against the victim so that the victim feels afraid and persecuted. This research uses a qualitative approach and the type of research is a case study type. The student population is 24 students. The data collection techniques used are observation, interviews and documentation. Data analysis in this research first involves data collection, data reduction, data presentation, then data verification. The results of this research can be concluded as follows: (1) Analysis of religious character in overcoming bullying behavior has succeeded in reducing bullying behavior in students. (2) there is still verbal bullying behavior experienced by students, for example: making fun of them, calling them ugly names, calling their parents names. (3) there are acts of physical bullying experienced by students, for example: kicking, hitting, pinching.

Keywords: Social Action, Religious Character, bullying

INTRODUCTION

The current era of globalization is a big challenge for parents in their efforts to educate their children. Increasingly sophisticated technology and easier access to information have more or less influenced children's mental development. The very rapid development of science and technology also has positive and negative impacts on children's development. As a positive impact, science and technology can make it easier for children to obtain information about whatever they need, especially information that supports learning. However, the negative impact of the development of science and technology is also increasingly felt by the many deviations committed by children.

This delinquency arises because there is no role model in the family who is a role model for children in their attitudes and behavior.¹ Apart from that, bad treatment from parents (being treated harshly, being beaten, saying harsh words) and so on, means that the process of character education in children does not take place in the family. Various violations or

¹ Aisyulastri, (2022). *Metode Pendidikan Karakter Berbasis Religius Pada Anak Dalam Keluarga (Analisis Pemikiran Dr. Abdullah Nashih, Ulwan Dalam Kitab Tarbiyatul Aulad FillIslam)*. Thesis. Department of Islamic Religious Education. Raden Intan Lampung State Islamic University, p. 8

phenomena that are taking over the world of education today are violence and harassment that occurs against students, which is usually called bullying behavior. Bullying behavior has become a universal problem that touches all aspects of human life, whether family, school, business or society, even across ages, gender, race, religion or socio-economic status. Bullying behavior is an act of intimidation carried out repeatedly by a stronger party against a weaker party, carried out intentionally and with the aim of injuring or hurting the victim both physically and psychologically (emotionally).²

The potential for bullying behavior among students at the elementary level is very open, usually starting with playing but with bad words, such as insulting, swearing with dirty words, mocking and even going as far as scolding or hitting. Teachers are usually just spectators because they consider this behavior to be part of their way of playing and joking. Meanwhile, according to WHO, bullying behavior is the deliberate use of force or physical force which constitutes a threat to oneself, another person, or to a group/community, so that it results in or is likely to result in injury or physical harm or even death.³

At first glance, this behavior tends to be trivial, but the psychological impact can make the victim become depressed, mentally fall, feel small, remain silent and the final choice is usually to ask to change schools or leave school, even physically resulting in injury and even death. Besides that, children who bully have the potential and tend to become perpetrators of juvenile delinquency, acts of violence and get caught up in criminal acts.⁴

The rise of bullying behavior shows that education in Indonesia has not been completely successful in forming people with character.⁵ The rise of bullying behavior shows that education in Indonesia has not been completely successful in forming people with character. For this reason, character education must be maximized. Character education is a form of education that not only teaches students to be intelligent but also teaches and familiarizes students with behaving and doing good deeds. Character values must be the main focus and integrated in every implementation of education in schools or madrasahs.⁶

² M. Naiborhu & M. Manullang, (2022). Upaya Guru PKN dalam Mencegah Perilaku Bullying di SMA Swasta Immanuel Kelurahan Madras Hulu Kecamatan Medan Polonia Kota Medan. *Journal of Darma Agung*, 30(1), p. 404

³ Imani, F. A., Kusmawati, A., & Tohari, H. M. A. (2021). Pencegahan Kasus Cyberbullying Bagi Remaja Pengguna Sosial Media. *KHIDMAT SOSIAL: Journal of Social Work and Social Services*, (2021), p.78.

⁴ Irawati, R. P., Lestari, P. M., & Siminto, S.. *Pemahaman Remaja Mengenai Bullying dan Dampak Negatif Jangka Panjang yang Ditimbulkannya*. Darma Sabha Cendekia. p.52

⁵ Nuraeni, A., & Yahya, J. *Urgensi Pendidikan Karakter dalam Menghadapi Kenakalan Remaja di MI Nurul Huda Pangenan*. AL-NAQDU: Jurnal Kajian Keislaman, p.3

⁶ Bali, M. M. E. I., & Susilowati, S.. *Transinternalisasi Nilai-Nilai Kepesantrenan Melalui Konstruksi Budaya Religius Di Sekolah*. *Jurnal Pendidikan Agama Islam*, (2019), p.12

Bullying acts tend to be overlooked or given little attention in everyday life. There are still many who think that bullying is not dangerous, even though bullying can actually have a negative impact on the victims. The impact of bullying will hinder children from actualizing themselves because bullying behavior will not provide a sense of security and comfort, and will make victims of bullying feel afraid and intimidated, low self-esteem, worthless, difficult to concentrate on studying, and unable to socialize with their environment.⁷ So in this case teachers can overcome this through the existence of a religious character that is built in the students, not only that, in religious character there are four characteristics of Rosululloh that can be applied in everyday life or applied in the classroom to overcome bullying behavior that often occurs in the classroom. or outside the classroom. Strengthening religious character that can be used to overcome bullying behavior that often occurs is shidiq, tablig, fatonah, amanah. In this case, students are more often reminded of things that are inappropriate to say or directed into positive things to reduce bullying behavior that often occurs.

RESEARCH METHOD

The approach used in this research is a qualitative approach with a case study type of research. Case studies are the best approach when researchers have limited cases that are clearly identified.⁸ This research aims to describe a case that occurred in a school or educational institution, this case is in the form of a lot of bullying that occurs at school with classmates. Cases that often occur are verbal or physical bullying carried out individually or in groups. This is related to students who feel that they are physically stronger and even more powerful because their class level is higher than someone who is being bullied, so there are still some students who bully their classmates or younger siblings who act like this several times. This happened to the point that several of the students who were being bullied were so angry that physical fights broke out. This method is used for several considerations. First, this method is deemed appropriate for analyzing character formation. Second, this method can explain the meaning behind the events being studied. Third, researchers can collect data directly from objects and the environment in the classroom being studied.

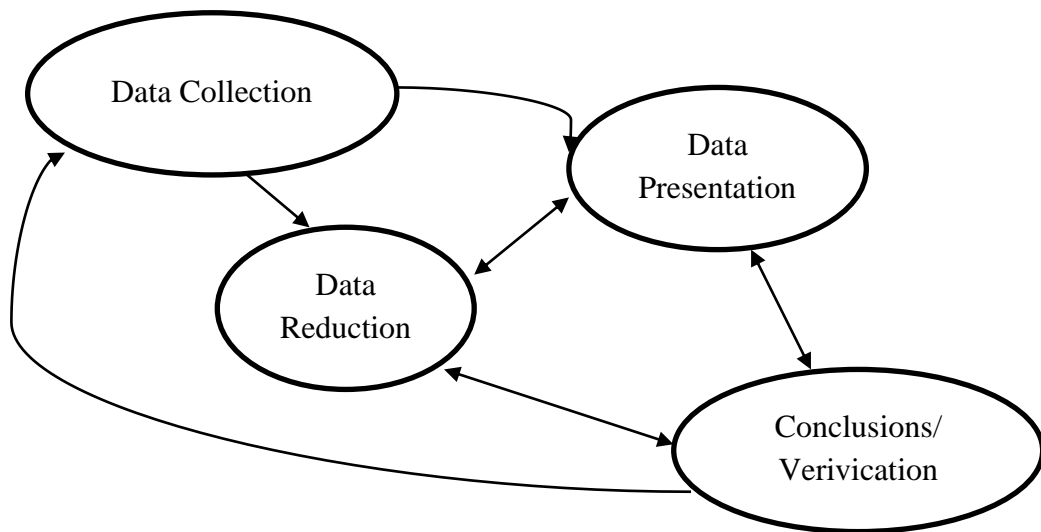
Analyze data before researchers enter the field. Analysis is carried out on data from preliminary studies, or secondary data, which will be used to determine the focus of the

⁷ Sejiwa. . *Bulliyung : mengatasi kekerasan di sekolah dan di lingkungan sekitar anak*. Jakarta : PT. Grasindo, (2008), p.23

⁸ John W. Creswell, *Penelitian kualitatif dan desain riset*, (Yogyakarta: Pustaka Belajar, 2015). p.140

research. However, the focus of this research is still temporary, and will develop after the researcher enters and while in the field.⁹ Miles and Huberman, stated that activities in qualitative data analysis are carried out interactively and continue continuously until completion, so that the data is saturated. Activities in data analysis, namely data reduction, data display, and conclusion drawing/verification. The analysis steps are shown in the following figure¹⁰:

Figure 1 Data Presentation Components



RESULTS AND DISCUSSION

Strengthening Religious Character in Students

Schools have a very important role in shaping children's personality and moral behavior. Children's morals by instilling religious values to create religious people in children. Character education is one solution to forming better students' personalities. Education does not only educate students to become intelligent human beings with intellectual abilities, but also develops individuals with noble morals. People who have good and noble character individually and socially are those who have good morals, morals and manners.¹¹

Religious character is an aspect of human personality that cannot stand alone, meaning that it is related to aspects of personality and must be trained in children as early as possible so as not to hinder the child's subsequent developmental tasks. The ability to

⁹ Sugioyono, *metode penelitian kuantitatif ...*, p.245

¹⁰ Sugioyono, *metode penelitian kuantitatif ...*, p.246

¹¹ Moh. Ahasanulhaq, *Membentuk karakter religious pesesrta didik melalui metode pembiasaan*, *Jurnal Prakarsa pedagogia*. 2(1), Juni 2019

be religious does not develop by itself. This ability is obtained with the will and encouragement from other people, including all teachers, principals, supervisors, and even the school committee must set an example and be role models in practicing character education indicators in daily behavior.

Religious character is an attitude and behavior that is obedient in implementing the teachings of the Islamic religion and living in harmony with fellow humans. Religious character is really needed by students in facing changing times, therefore students are expected to be able to have good behavior.¹²

Religious character in this research refers to the 4 obligatory characteristics of Rosululloh, namely: *tabliq, fatonah, amanah, sidhiq*. However, in this research I apply all the characteristics of Rosululloh, namely *Amanah, sidhiq, fatonah, tablig*, the meanings are as follows:

a. Amanah

Amanah in Arabic is *al-amanat*, which is defined as the responsibility given to someone to carry out a mandate, some of which come from God and come from humans. Trust has a broad meaning, for example a responsibility borne by someone or a deposit handed over to him to be handed over to someone who is more entitled.

According to Al-Misbah's interpretation, a trust is something that is handed over to another party to be maintained and returned when the time comes or when requested by the owner. Trust is the opposite of betrayal, it is given only to people who are judged by the giver to be able to properly maintain what they have given.¹³ It also means honesty in carrying out responsibilities, by carrying out the mandate all work is safe, if the mandate is lost and responsibilities are not fulfilled, honesty is gone or the responsibility is given to someone who is not an expert.¹⁴

b. Sidhiq

Honesty, the basic values of integrity, sincerity, security and emotional balance are very urgent attitudes in matters of . Honesty means basing one's words, beliefs and actions on Islamic teachings, always being honest and taking someone to the heaven of Allah SWT. as Rosululloh said: "Indeed, honesty leads to goodness and

¹² Miftahul Jannah, Metode dan strategi dalam membentuk karakter religious yang diterapkan SDTQ-T najah pondok pesantren cindai alus martapura. 4(1), 2019

¹³ Amiruddin, *Amanah dalam perpektif al-quran*, 11(4), Oct-Dec 2021

¹⁴ Fatimah, Nilai-Nilai Amanah Dalam al-Quran, *al-Riwayah*, 11(1), April 2019, p.124

goodness will lead to heaven. A person who always behaves honestly will be recorded by Allah SWT as an honest person and stay away from lying, because lying will lead to evil. And evil will lead you to hell. A person who always lies will be recorded by Allah SWT as a liar."

In this case, a person's honesty is prioritized in carrying out daily life, teaching children to always be honest is also very important for all parents and teachers at school.

c. Fathonah

Fathonah can be interpreted as intelligent, intellectual, ingenuity or wisdom. Having extensive knowledge is also one of the keys to living a prosperous life, understanding and thoroughly appreciating everything new that happens in life. This characteristic will foster a person's creativity and innovation.¹⁵

Fathonah also has the meaning of proficiency or mastery of certain fields which include intellectual, emotional and spiritual intelligence. Intelligence in determining certain things for one's own benefit or with the characteristics that have a degree for a human being in living life.

d. Tablig

Tablig means conveying all the words of Allah SWT that were shown to humans by the Prophet without hiding anything even if it offends the Prophet.¹⁶ This characteristic is often used in everyday life, for example if there is a message from a relative or neighbor that must be conveyed to the family at home, it must really be conveyed.

Bullying as a contemporary phenomenon

Human social life consists of several phases and levels, at birth humans as individuals grow and develop in the family environment. Every day he has contact and interaction with his family, especially his parents. Human social life consists of several phases and levels, at birth humans as individuals grow and develop in the family environment. Every day he has contact and interaction with his family, especially his parents.

Currently, bullying is a term that is familiar to Indonesian people. Bullying is the act of using power to hurt a person or group of people verbally, physically or psychologically.

¹⁵ Fathimatuz Zahroh dan Muhammad Nafik H.R, Nilai fathonah dalam pengelolaan bisnis di pesantren mukmin mandiri sidoarjo, *JESTT*, 2(9), September 2015

¹⁶ Muhammad Iqbal Arrosyad, Analisis penanaman pendidikan karakter 4 sifat nabi "SAFT" pada buku siswa kelas 4 tema 1 "indahny kebersamaan" kurikulum 2013, Februari 2015. p.5

Bullying is a form of violent behavior where psychological or physical coercion occurs against a person or group of people.

Currently, bullying is a term that is no longer foreign to the ears of Indonesian people. Bullying is the act of using power to hurt a person or group of people verbally, physically or psychologically. The phenomenon of bullying has long been part of school dynamics. School as a place to study, not only teaches various knowledge to students, but also educates and directs students' behavior from bad to better, so that it is hoped that students will have good character and national education goals can be achieved. Bullying is a form of violent behavior where psychological or physical coercion occurs against a person or group of people. Bullying is classified into several types, namely verbal bullying, physical bullying, relational bullying, cyber bullying.

Factors causing bullying

There are several factors that can influence the occurrence of bullying against children, according to Ariesto the causes of bullying are family, peers, social media, social environment:

- a. Family; Excessive protection given to children by parents can often trigger outright bullying of children because too many restrictions from parents result in children being more easily intimidated physically, verbally and psychologically. Even if your child's parenting style is too harsh, it also examines the triggers for bullying behavior towards other people, frequent arguments at home, arguments in front of the child also give rise to bullying behavior. There are several problems that occur in childless children who solve it themselves because of parental interference which makes the child easy prey to be bullied by other people.
- b. Friends of the same age; One of the biggest factors in bullying behavior is a very free social environment without parental supervision. There are many negative things that influence a person, giving rise to many ideas that bullying behavior is not a big thing and is a normal thing to do. Many things in friendship can also lead to bullying behavior from jokes thrown at someone, sometimes a child's friendship environment is not appropriate for their age which causes bullying behavior which is usually normal for children, the choice of friendship also has a big influence on everyday life.
- c. Social environment; Uncertain social environmental conditions also have the potential for bullying behavior which is experienced by many people, starting from

cultural criminal factors such as an unstable economy, injustice in society, and a chaotic political atmosphere. Some children who have a life full of deprivation make.

The most important stage of analyzing data is data collection. Data collection was carried out using 3 data collection methods used in this research, namely the observation-interview-documentation method. This observation method is used to obtain data about overcoming bullying behavior by instilling religious character in overcoming it. Meanwhile, the researcher used the interview method to dig up deeper information related to students' literacy understanding that was obtained before and after applying religious character to students when they were in the school environment in the classroom and outside the classroom. Furthermore, documentation is used to strengthen the data obtained from observations and interviews.

This researcher aims to describe how to overcome bullying behavior that occurs by instilling religious character in students. The researcher will focus on grade 4 children. In presenting data regarding the analysis of religious character in overcoming bullying behavior. Furthermore, after conducting an in-depth analysis, it turns out that there is a very close connection between religious character in overcoming bullying behavior.

Social action in strengthening religious character in overcoming bullying behavior among students

The meaning of bullying is often known as the act of suppressing a group of people who are stronger, more powerful, more senior, stronger than a victim of bullying. It could be that this pressure results in someone's curiosity, or it could take other forms, such as ordering the victim to do something silly that the victim doesn't like. One of the characteristics of bullying is that the incident does not happen just once or twice, but occurs continuously, even from generation to generation, thus making it a habit or even a culture for each generation. Bullying often occurs anywhere and at any time, including in the school environment. The school environment is a place for all children who want to study. The more children there are, the more differences there are between them. These differences can also be the impact of bullying actions or behavior at school. Even today, bullying in elementary schools is starting to be felt, there are many forms of bullying that we often encounter, ranging from verbal bullying to physical bullying.

In observations made by researchers about how to overcome bullying behavior in elementary schools by instilling religious character in students, the students who were used as research objects had problems with bullying cases which affected the teaching and learning

process. For this reason, there are many actions taken by teachers to overcome this, one of which is by instilling religious character such as discipline, having midday prayer activities in congregation, and also providing additional lessons for students who may not be able to carry out these activities.¹⁷

When researchers came to students, researchers found various forms or acts of bullying that were often experienced by several students. In general, researchers find that bullying behavior takes two forms, namely verbal bullying and physical bullying. Based on research that has been conducted, bullying behavior among students is as follows:

The form of verbal (non-physical) bullying that occurs among students, namely this form of bullying, can be supplemented with concrete evidence, which can be in the form of photo documentation or narrative interviews that have been explained by researchers to explain a condition of this form of bullying that exists in schools.

Making fun of: One of the bullying behaviors that often occurs among students is teasing. The perpetrator often makes fun of him by calling the victim stupid, unable to do anything, crab-handed, and also like a girl. Usually students are made fun of because they have a unique physique that is different from their friends, or when the teacher gives them an assignment, the student is unable to do it.

Saying dirty things, apart from the bullying behavior above, the bullying behavior that often occurs among students is saying dirty things. Saying dirty words here is defined as pronunciation that is not good, meaning it can be said to be inappropriate or not in accordance with existing norms.

Calling parents by their names, this bullying behavior is often heard or experienced by most students under the pretext of just wanting to joke when in fact this is considered bullying behavior. For example, when one of the students calls him not by his real name but by his parents' name and still adding ugly names, this also aims to embarrass the victim because he is called by a name that seems old-fashioned, for example "anak, e to bendot," "giono komprong", "komprong petrok".

Calling ugly names, apart from calling parents by their names, students often give strange nicknames with the aim of embarrassing the victim, such as "kiting" "sissy" because the student has physical limitations that make him different from other students and other

¹⁷ Resources: Dokumentation, 03 Juli 2023

students. He has this name because his behavior is a little gentle and he often plays with other girls.

Social action in strengthening religious character in overcoming verbal bullying behavior among students

Verbal bullying actions or behavior in the form of very aggressive speech can hurt someone's feelings, this behavior can trigger continuous bullying. Verbal bullying actions or behavior carried out by children continuously will result in the erosion of a child's self-confidence, indirectly negative things will emerge about him or herself, making a child mentally burdened.¹⁸

It is necessary to cultivate religious character in overcoming bullying behavior. In fact, the school has handled many students who carry out these actions, not many of them are a little difficult to tell or not many of them fight against the teacher when they are given the understanding that if this is the case, the school takes action such as calling both parents to given further understanding.

In handling verbal bullying behavior at school, teachers have taken many actions, such as providing more support to someone who feels this action without the consent of other students so that other students do not feel that the child is special, as well as for the perpetrators, advisory actions are carried out every hour. go home from school so that other students don't corner the perpetrators. Of the several students in the class, almost 10 children experienced verbal bullying behavior which made the child feel uncomfortable when class started or even during break time. Thus, if the results of these data findings are combined with the theoretical studies presented, it can be said that handling bullying behavior with a religious character can overcome the bullying actions or behavior itself in students. This method has quite an influence on students' bullying behavior according to its rules.

Social action in strengthening religious character in overcoming physical bullying behavior among students

Physical bullying experienced by children is a type of physical bullying because it is the type of bullying that is visible and most identifiable among other forms of bullying. However, of the many bullying acts of this type, there are a third of incidents reported by students,

¹⁸ Endri Ekayanti, Dika Lukitaningtyas *bullying verbal berhubungan dengan penerimaan diri dan harga diri remaja, Jurnal Ilmu Keperawatan Jiwa*,5(1), Februari 2022

examples of the types of physical bullying are kicking, hitting, pinching, punching, biting, scratching.¹⁹

For this reason, handling bullying actions or behavior carried out by students can be overcome by cultivating religious character in accordance with Islamic principles. This method is used to deal with influential student behavior, usually if there has been an act of bullying that has caused physical harm to the student, the teacher's treatment can be more in-depth, such as giving educational punishment, such as writing a letter or writing as many sentences of remembrance as the student who is doing the bullying can manage. The results of this action can have a deterrent effect on violators, not only providing disciplinary punishment but also providing advice that makes children understand so they don't commit such actions again. Then afterwards, if it still cannot be handled again, the final action taken by the school is to give a summons to the student's parents.

CONCLUSION

Based on the presentation and analysis of data in this research, it can be concluded that social action in strengthening religious character in overcoming bullying behavior among students can overcome bullying behavior, and using this method plays an important role in overcoming bullying behavior which still often occurs in the school. By using this method the aim is to help students understand and instill religious character in students, to help reduce bullying behavior in order to provide a comfortable learning place for students. Analysis of Religious Character in Overcoming Verbal Bullying Behavior among students is going well. Using this method is very effective because it is able to instill a religious character in students to further reduce verbal bullying behavior which is often carried out by students or experienced by students. Analysis of Religious Character in Overcoming Physical Bullying Behavior among students can work well. Likewise, with the physical bullying that is still carried out by some students, it is possible to instill a religious character in reducing bullying behavior in order to provide a good and safe learning atmosphere.

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¹⁹ Ati'Maulana Anifah, Erlin, Hidayatul Munawaroh, Zumrotus Sangadah. Dampak Terhadap Prestasi Peserta Didik SD/MI Kelas Tinggi, *Jurnal Pendidikan Guru Madrasah Ibtidaiyah*, 2(1), April 2023

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