



**Book of Me!**  
Buatlah mandala diri anda

# Mandala Diri or Book of Me:

**Make your own Image**

**What , Why?**

- **Favorite song**
- **The most memorable or unforgettable family event**
- **Experience of creating something**
- **The most memorable teaching/learning experience**
- **Self-symbol**

**Gunakan gambar bukan tulisan  
Gunakan warna-warni yang menarik  
Waktu 15 menit**

Give comment, score, positively / what kind of potention you can find from your friend's story

## Share Your Stories

Tell it encoragedly and bring the positive energy in every moment of sharing

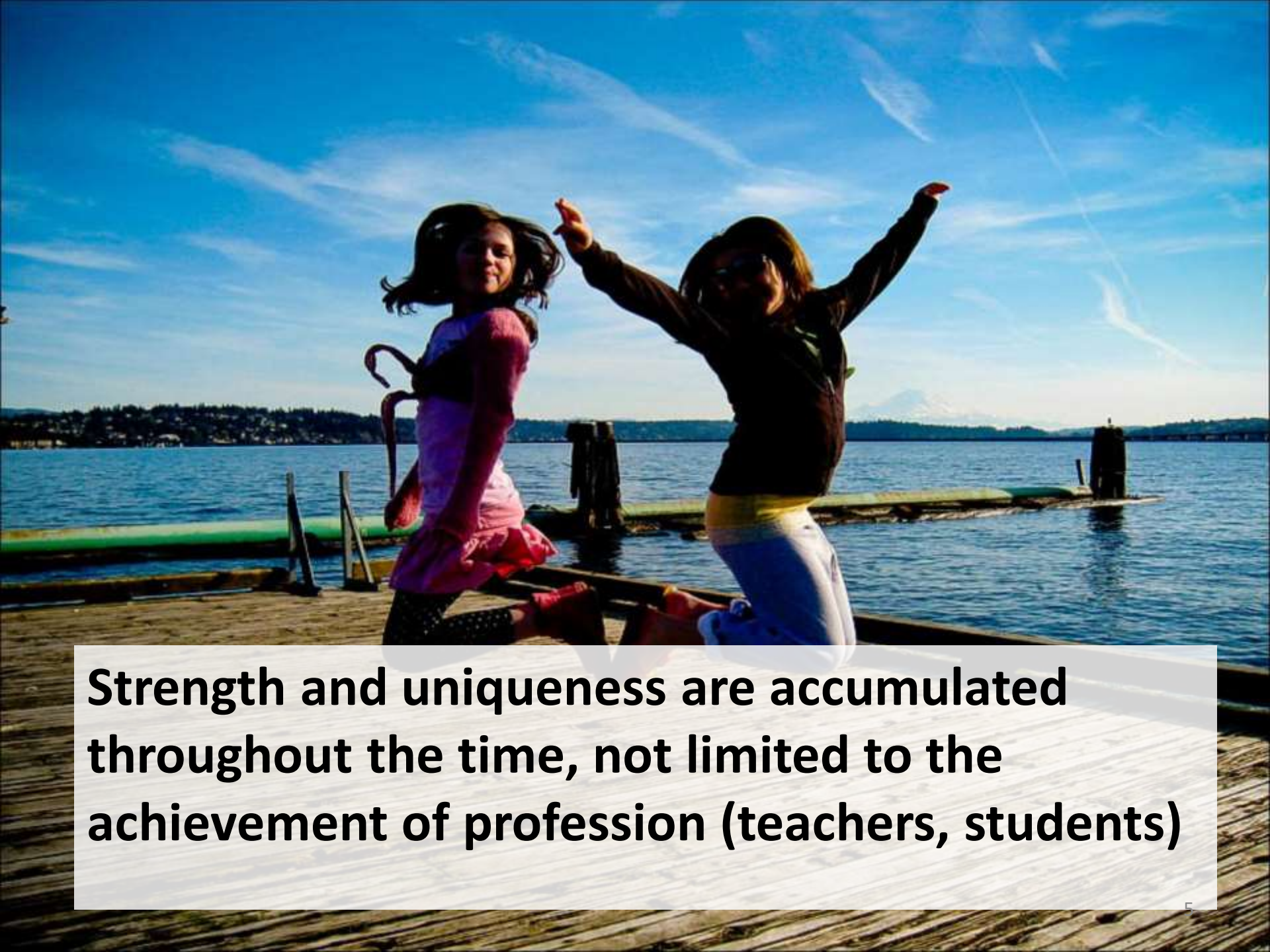




**FOCUS THE GOOD IN YOU**

**Successful people do not work so much on what they are bad at, they focus on capitalizing on what they are **good at.****

based on research by  
Martin Seligman and Marcus Buckingham



**Strength and uniqueness are accumulated throughout the time, not limited to the achievement of profession (teachers, students)**

**Discover: appreciate all what we  
have**

**Gifts of the Head**

pengetahuan dan informasi

**Gifts of the Hand**

keterampilan praktis

**Gifts of The Heart**

semangat dan gairah sosial



# Modelling Your Success

Find the inner strength that is hidden in all event of our lives

# **Make a personal MANTRA**

**Make one sentence that can describe 3 key of your strength once you find from sharing, reflecting, and feedback from your friends**



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