Book of Me!

Buatlah mandala diri anda
Mandala Diri or Book of Me:

Make your own Image

What, Why?
- Favorite song
- The most memorable or unforgettable family event
- Experience of creating something
- The most memorable teaching/learning experience
- Self-symbol

Gunakan gambar bukan tulisan
Gunakan warna-warni yang menarik
Waktu 15 menit
Share Your Stories
Tell it encouragedly and bring the positive energy in every moment of sharing

Give comment, score, positively / what kind of potention you can find from your friend’s story
Successful people do not work so much on what they are bad at, they focus on capitalizing on what they are good at.

based on research by Martin Seligman and Marcus Buckingham
Strength and uniqueness are accumulated throughout the time, not limited to the achievement of profession (teachers, students)
Discover: appreciate all what we have

Gifts of the Head
pengetahuan dan informasi

Gifts of the Hand
keterampilan praktis

Gifts of The Heart
semangat dan gairah sosial
Modelling Your Success

Find the inner strength that is hidden in all events of our lives
Make a personal MANTRA

Make one sentence that can describe 3 key of your strength once you find from sharing, reflecting, and feedback from your friends.
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