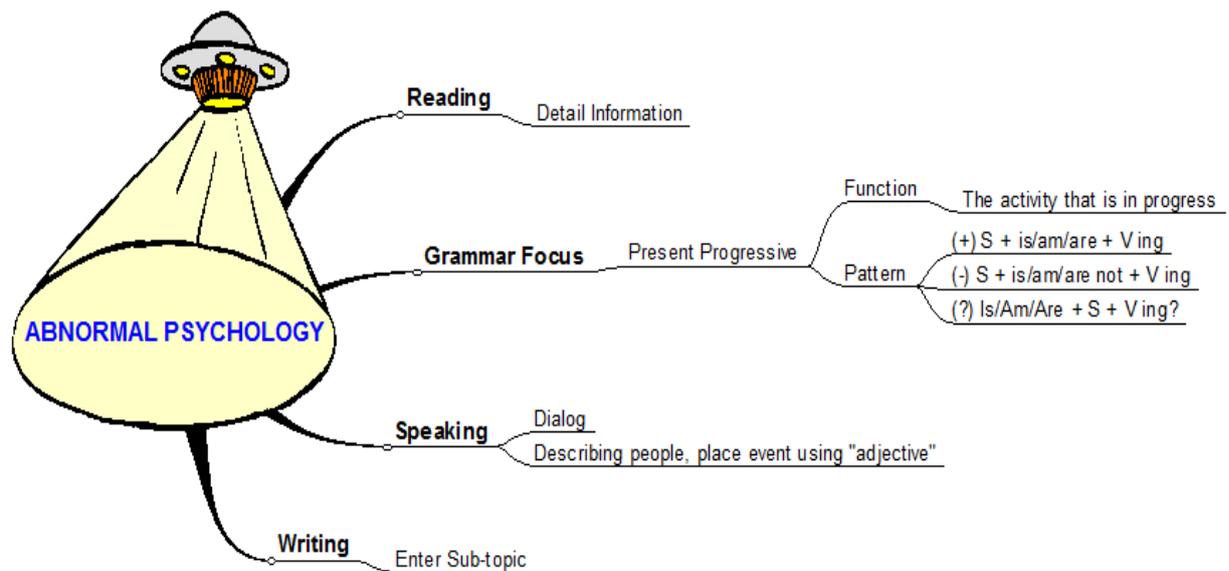


UNIT

ABNORMAL PSYCHOLOGY

2

By the end of the meeting, the students are able to know and mention some abnormal behaviors and explain the way how to overcome them, understand the function of present progressive, formulate the pattern, apply the tense into a paragraph and also differentiate the adjective by its category



Meaning is not given to us but by us
Eleanor Duckworth
Contemporary American Educator

Warm Up

1. What happen with the woman in the picture?
2. Have you found deviate behavior around you? Mention!
3. What kinds of treatment do you know to cure them?



Source: <http://merck.com/mmhe/sec07/ch100/ch100e.html>

Let's Read**ABNORMAL PSYCHOLOGY**

The subfield of psychology concerned with the study of abnormal behavior. Abnormal behavior is defined as behavior that is considered to be maladaptive or deviant by the social culture in which it occurs. Though disagreement exists regarding which particular behaviors can be classified as abnormal, psychologists have defined several criteria for purposes of classification. One is that the behavior occurs infrequently and thus deviates from statistical norms. Another is that the behavior deviates from social norms of acceptable behavior. A third is that the behavior is maladaptive, that it has adverse affects on the individual or on the individual's social group. Lastly, abnormality may be defined based on the subjective feelings of misery, **depression**, or anxiety of an individual rather than any behavior he exhibits.

There are also other terms of abnormal psychology. One of them is as follows. Namely; *diagnostic and Statistical Manual of Mental Disorders* is a classification system of abnormal behaviors which aids psychologists and other **mental health** professionals in diagnosing and treating mental disorders includes the major categories of abnormal behavior which are anxiety disorders, such as **obsessive-compulsive disorders** and **phobias**; affective disorders, which are disturbances of **mood** such as depression; schizophrenic disorders, which are characterized by major disturbances in **personality** and distortion of reality; and various **personality disorders**. While psychologists use similar criteria to diagnose abnormal behavior, their perspectives in understanding and treating related disorders vary greatly. For instance, a psychologist with a psychoanalytic approach would explain depression as a reaction to loss, worsened by **anger** turned inward. A behavioral psychologist would assume

A lack of positive **reinforcements** is to be a significant cause in the disease. A cognitive theorist would focus on the negative thought patterns and attitudes of an individual in contributing to his depression. And a psychologist with a biological perspective would consider a chemical imbalance in the **nervous system** of a depressed individual to be responsible for his disorder. Many studies have shown that a number of these factors may come into play in the life of an individual suffering from a mental disorder characterized by abnormal behavior.



Glossary

Deviate (v)	: menyimpang
Exhibits (v)	: pameran
Anxiety (n)	: kegelisahan
Disturbance (n)	: gangguan
Disorder (n)	: gangguan
Imbalance (n)	: ketidakseimbangan
Consider (v)	: mempertimbangkan
Character (adj)	: ciri

Task 1

Answer the following questions enthusiastically!

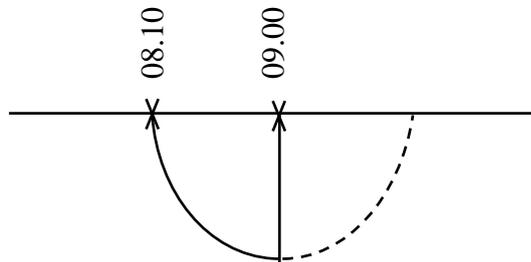
1. What does the text talking about?
2. What is maladaptive?
3. What are the characteristics of abnormal behavior?
4. What does psychologist use to diagnose and treat mental disorders?
5. What is characterized by major disturbances in **personality** and distortion of reality?
6. What are the other terms of abnormal psychology?
7. Do you think the author is the abnormal psychologist? Find examples to support your answer.
8. The author explained about abnormal psychology. How would you describe his explanation?
9. Would you prefer handling abnormal to normal person? Explain how to do that.
10. Do you think abnormal psychologist must stay together with abnormal person? Explain.
11. Do you experience to handle abnormal person?

Task 2

Reread the statements below and make sure whether the statements are true or false!

1. Deviate characteristic is the best synergy for human beings. (T / F)
2. The right diagnostic for deviant behavior is mentally program in one position. (T / F)
3. Reinforcement is very important to build good behavior. (T / F)
4. Mental disorder influenced by mental behavior. (T / F)
5. Abnormal behavior is suffering for people. (T / F)
6. Psychoanalytic approach would explain depression as a reaction to loss, worsened by **anger** turned inward. (T / F)
7. Behavior occurs frequently and thus deviates from statistical norms. (T / F)
8. Depression is just the abnormal focus on specific thing in life. (T / F)
9. Depression attitude caused by mental process. (T / F)
10. All human beings basically are able to solve their problem. (T / F)

Let's Study Present Progressive easily



- ⊕ We are studying English 1
- ⊕ All the students are discussing about “present-progressive”
- ⊕ The teacher isn't sitting on her chair. She is moving around the class.
- ⊕ Are other students also discussing about “present-progressive”?

Task 3

Complete the chart below!

Function	: _____ _____	
Pattern	: (+) _____ (-) _____ (?) _____	
Time signal	⇒ _____	⇒ _____
	⇒ _____	⇒ _____
	⇒ _____	⇒ _____

Task 4

Order the words into a good arrangement!

1. My bike – fixing – now – father – the garage – my – in – is.
2. your - ? – are – doing – you – alone – homework
3. a letter – the moment – writing – Yuanita – not – the bedroom – is at.
4. Some sentences – The teacher – right now – the white board – writing – on – is.
5. Someone – the – knocking – listen – is - ! – door.

Task 5

Go outside the class! Look and see people around you and then make a paragraph talking about what they are doing at that time in "Present Progressive".

Example:

Right now, I am standing on the 2nd floor of "B" building. I see many students from here. There are around students sitting on the garden. They are discussing about their lecture.....



Let's Speak

- Laura : Hello?
- Lause : Hi, Laura. This is Louse
- Laura : Wow! How are you? Where are you now?
- Lause : I'm at home. I just got back from Singapore.
- Laura : So, how was it?
- Lause : It was very great you must see me the new me.
- Laura : What do you mean "the new me"?
What have you done?
- Lause : Well, remember my hair?
- Laura : Yup.
- Lause : It was brown, long and curly
- Laura : And now.....
- Lause : Well, now it's blond, short, and straight.
- Laura : Wow, you must look different.
- Lause : Yeah! It looks so great. I also walked and Jogged everyday and I went swimming a lot. So, good-bye fat. No more fat. Now I'm thin. Don't you want to see me.
- Laura : Yes, of course. I am looking forward to seeing you soon.

Task 8**Chose the right answer!**

1. His father is driving a small _____ blue Italian car.
 - a. antique
 - b. expensive
 - c. quiet
 - d. perfectly
 - e. perfect
2. My husband has just bought me a beautiful new black _____.
 - a. Balinese
 - b. square
 - c. small
 - d. wonderful
 - e. rather
3. My daughter is admiring that strong tall white _____.
 - a. traditional
 - b. attractive
 - c. absolutely
 - d. stone
 - e. large
4. Most of white men like to have a slim modern brown _____.
 - a. smart
 - b. intelligent
 - c. lovely
 - d. Indonesian
 - e. dark
5. The _____ often helps me.
 - a. lady old kind
 - b. kind old lady
 - c. lady kind old
 - d. old lady kind
 - e. old kind lady
6. He has just sold _____.
 - a. a Italian very old car
 - b. a very Italian old car
 - c. an old Italian very car
 - d. a very old Italian car
 - e. a car very old Italian
7. Rick Price is _____.
 - a. A well known Australian singer
 - b. A singer Australian well known
 - c. A well known singer Australian
 - d. An Australian well known singer
 - e. An Australian singer well known
8. My husband is saving money to buy new silver _____ glasses.
 - a. reading
 - b. antique
 - c. expensive
 - d. powerful
 - e. brown
9. Dedi Miswar is really _____.
 - a. a talented senior actor
 - b. a senior actor very talented
 - c. an actor very senior talented
 - d. a very talented old actor
 - e. a talented kind actor
10. I have got _____ as a present from my boy friend.
 - a. a very expensive Indian golden pendant
 - b. very expensive Indian golden a pendant
 - c. a very expensive Indian blue pendant
 - d. an expensive very golden Indian pendant
 - e. a pendant very expensive Indian golden

Task 9**Describing people, place, or event.**

Divide the class into groups consisting of 6 students for each. Have an individual presentation about describing a person, place or event; you want to share with the class. You can practice to use some adjective discussing in your presentation.



Let's Write

Task 10

Work in pairs! Make a dialogue talking about the following situations:

- a. A friend whom you have not seen for many years calls you on the telephone about psychology problem
- b. A person whom you have liked and trusted for many years tells you a lie. You are unhappy and discuss the matter with him/her.
- c. A friend asks you to take a part in a play. You are interested, but you have traumatic psychology.
- d. Your psychologist examines you and tells you that need to keep calm in remote area. What will you do.