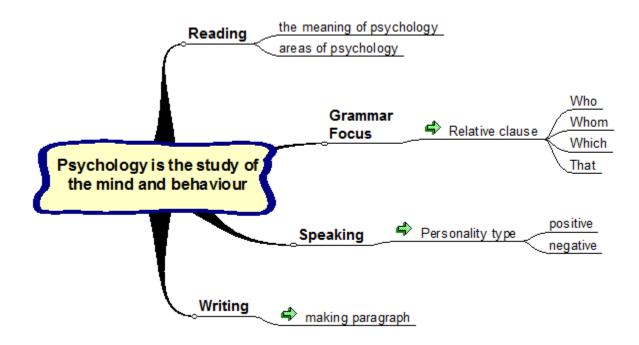
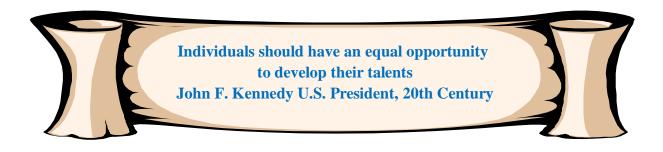
19

PSYCHOLOGY IS THE STUDY OF THE MIND AND BEHAVIOR

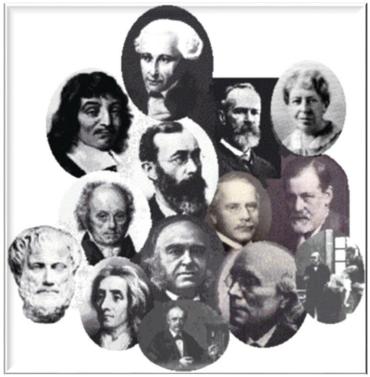
By the end of the class, the students are able to know some areas of psychology, combine two sentences using relative pronoun, differentiate the positive and negative type of personality.





Warm Up

- 1. Do you know whose pictures are they?
- 2. Mention and tell about their theories!





Source: http://psychclassics.yorku.ca

PSYCHOLOGY IS THE STUDY OF THE MIND AND BEHAVIOR

Psychology is both an applied and academic field that studies the human mind and behavior. Research in psychology seeks to understand and explain thought, emotion and behavior. Applications of psychology include mental health treatment, performance enhancement, self-help, ergonomics and many other areas affecting health and daily life. Psychology is the study of the mental processes and behavior. The term psychology comes from the Greek word *psyche* meaning "breath, spirit, soul" and the *logia* meaning "study of." Psychology emerged from biology and philosophy and is closely linked to other disciplines including sociology, medicine, and linguistics.

Areas of Psychology

- **Abnormal Psychology** is the study of abnormal behavior and psychopathology. This specialty area is focused on research and treatment of a variety of mental disorders and is linked to psychotherapy and clinical psychology.
- **Biological Psychology**, which is also known as biopsychology, studies how biological processes influence the mind and behavior. This area is closely linked to neuroscience and utilizes tools such as MRI and PET scans to look at brain injury or brain abnormalities.
- Clinical Psychology is focused on the assessment, diagnosis and treatment of mental disorders.

- Cognitive Psychology is the study of human thought processes and cognitions. Cognitive psychologists study topics such as attention, memory, perception, decision-making, problem-solving and language acquisition.
- **Comparative Psychology** is the branch of psychology which is concerned with the study of animal behavior. This type of research can lead to a deeper and broader understanding of human psychology.
- **Developmental Psychology** is the branch of psychology that looks at human growth and development over the lifespan. Theories often focus on the development of cognitive abilities, morality, social functioning, identity and other life areas.
- Forensic Psychology is an applied field focused on using psychological research and principles in the legal and criminal justice system.
- **Industrial-Organizational Psychology** is the area of psychology that uses psychological research to enhance work performance, select employee, improve product design and enhance usability.
- **Personality Psychology** looks at the various elements that make up individual personalities. Well-known personality theories include Freud's structural model of personality and the "Big Five" theory of personality.
- **School Psychology** is the branch of psychology that works within the educational system to help children with emotional, social and academic issues.
- **Social Psychology** is a discipline that uses scientific methods to study social influence, social perception and social interaction. Social psychology studies diverse subjects including group behavior, social perception, leadership, nonverbal behavior, conformity, aggression and prejudice.



Enhancement (n) : peningkatan Ergonomics (n) : ergonomi Emerged (v) : muncul

Psychopathology (n): psikopatologi Biopsychology (n): Biopsikologi Utilize (v): memanfaatkan

Injury (n) : cedera
Assessment (n) : penilaian
Acquisition (n) : perolehan
Lifespan (n) : jangka hidup

Diverse (adj) : berbeda, bermacam-macam

Aggression (n) : agresi, penyerangan Prejudice (n) : prasangka, (v) merugikan

Task 1

Answer the questions below!

- 1. What does psychology study about?
- 2. What is the main idea of paragraph one?
- 3. How many areas of psychology mentioned above? Explain briefly!
- 4. What is the meaning of psychology? Where does its term come from?
- 5. What kind of psychology which studies about group behavior, social perception, leadership, and nonverbal behavior?

Task 2

Are the sentences true or false? Circle the correct answer!

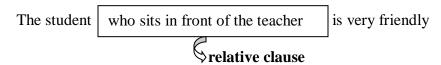
- 1. Personality Psychology looks at the single element that makes up individual personalities. (T/F)
- 2. A field which is focused on using psychological research and principles in the legal and criminal justice system is called Biological Psychology. (T/F)
- 3. A study on the treatment of mental disorders is on Clinical Psychology. (T/F)
- 4. Applications of psychology only include mental health treatment, performance enhancement, and self-help. (T/F)
- 5. The theories of Developmental Psychology always focus on the development of cognitive abilities, morality, social functioning, identity and other life areas. (T / F)

Task 3 Match the left box with the right one!

a.	Developmental Psychology		It studies about how biological processes influence
b.	Abnormal Psychology		the mind and behavior.
c.	Social Psychology		It studies about the assessment, diagnosis and
d.	Comparative Psychology		treatment of mental disorders.
e.	School Psychology		It focuses on the development of cognitive
f.	Cognitive Psychology		abilities, morality, social functioning, identity, and
g.	Biological Psychology	_	other life areas.
ĥ.	Personality Psychology		It studies about animal behavior.
i.	Forensic Psychology		It focuses on using psychological research and
j.	Clinical Psychology		principles in the legal and criminal justice system
			It studies diverse subjects including group
			behavior, social perception, leadership, nonverbal
			behavior, conformity, aggression and prejudice.
			It looks at the various elements that make up
			individual personalities.
			It studies human thought processes and cognitions.
			I t studies about research and treatment of a variety
			of mental disorders.
			It works within the educational system to help children with emotional, social and academic
			issues.
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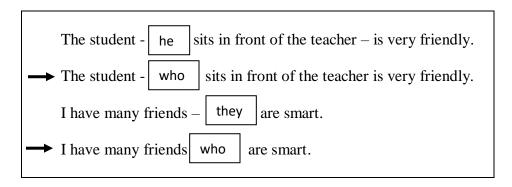
Let's study Relative Clauses with who/ whom/ which/ that easily

♣ Study this example:



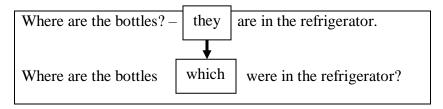
A *clause* is a part of a sentence. A *relative clause* tells us which person or thing (or what kind of person or thing) the speaker means:

- The student who sits in front of the teacher......(who sits in front of the teacher tells us which student).
- People who live in Papua.....(who live in Papua tells us what kind of people)
- ♣ We use who in a relative clause when we are talking about people. We use who instead of he/she/they:



- I really like the girl who wears veil.
- An architect is someone who designs buildings.
- Anyone who wants to pass this lecture must do the final project.
- The man who was injured in the accident has been brought to the hospital.
- **↓** It is also possible to use that instead of who:
 - The student **that** sits in front of the teacher is very friendly.
- **Whom** is possible instead of **who** (for people) when it is the *object* of the verb.
 - The man **whom** I met yesterday passed away this morning (I met **him** yesterday).
 - The beautiful girl (who/ that) you like much moved to Canada
- ♣ But we do not often use **whom**. In spoken English, we normally prefer **who** or **that** (or you can leave them out)
 - The man (who/ that) I met yesterday......
 - The beautiful girl (who/that) you like

♣ Which is used when we are talking about things (not who). We use which instead of it/ they.



- ♣ You can also use **that** for things (but not for people)
 - I dislike movies that have unhappy endings
 - The door that was broken is still being repaired.
 - Where are the bottles that were in the refrigerator?
 - Where is the book that I will give to my son?

Task 4
Explain what these words mean. Choose the right meaning from the list and then write a sentence with who. Use the dictionary if necessary.

He/ she cuts hair	he/ she makes and repair wooden objects and structures
he/ she steals from a store	he/ she breaks into a house and steals things
he/ she doesn't eat meat	he/ she fills prescriptions for medicine
he/ she design buildings	he/ she buys something from a store

1.	(an architect)	An architect is someone who designs buildings
2.	(a carpenter)	
3.	(a burglar)	
4.	(a barber)	
5.	(a customer)	
6.	(a pharmacist)	
7.	(a shoplifter)	
8.	(a vegetarian)	
	_	

Task 5 Read the two sentences and then write one sentence with the same meaning. Use a relative clause in your sentence.

Example:	The woman	is my mother.	She answere	ed the phone.
	The woman	who answered	the phone is	my mother.

1. The little girl	is my cousin's d	aughter. She is	wearing red hai	ir ribbons.			
The little girl			••••				
2. The flowers	The flowers are beautiful. You brought them to me.						
	The flowers						
	ffel Tower. I hav						
			out it.				
	o ic o wall know		osioo hos mot l				
4. Agnes Monic	Agnes Monica is a well known entertainer. Jessica has met her.						
				•••••			
5. I return the re	cord. I brought	it yesterday.					
			• • • • • • • • • • • • • • • • • • • •				
<u>Let's Speak</u>	Pe	rsona	ality	Type			
	7 8						
Aggressive	Kind	Patient	Selfish	Generous			
Honest	Jealous	Gentle	Arrogant	coward			
Responsible	Reliable	easygoing	moody	Friendly			
Sociable	modest	Stingy	Intolerant	temperamental			
ask 6							
escribe 10 kinds o	f personality typ	pe above using	relative clause	e and share the informa			
your friends!							
xample: Kind is sor	neone who alway	s thinks about o	other people's f	feelings			
·							
)							

5	
6	
7	
8	
9	
10	

Task 7

Sit in pairs and talk about what kind of friends you **LIKE** and **DISLIKE** in a few minutes, then switch the partners

Let's Write

Task 8

Think of 5 kinds of personality types that you WANT to have and you DON'T want to have from your spouse, and then write them down in paragraphs.
